

CANAVES OIA

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## WELCOME

A unique experience at Canaves Oia, Luxury Resorts would not be complete without a relaxing visit to a transformed 17th Century wine cave into a luxury Canaves Oia Spa. The refined atmosphere of Santorini and majestic aura of Aegean is the perfect scenery for an unforgettable spa experience. You can enjoy your Spa treatment with your partner or alone.



## TREATMENT PHILOSOPHY

ELEMIS is the pioneering British skincare and spa brand that treats over 6.5 million people each year and has the single largest influence on trends and developments in the global skincare and spa industry. The successful combination of powerful, natural ingredients, cutting-edge formulation technology and proven clinical trials has enabled ELEMIS to bring to market some of the most influential anti-ageing skincare products and professional spa therapies the beauty industry has ever seen. Your skin, your body and your wellness lie at the heart of ELEMIS. Our therapists harness the power of nature and science to create ground-breaking formulations that genuinely transform your skin. ELEMIS scientifically controls every aspect of product formulation, ensuring quality, efficacy and exceptional integrity. From the seeds chosen and the type of soil used, to the selection of extraction process, ELEMIS ensures that all formulations have maximum therapeutic activity. Sublime sensory.

Personally prescribed. The experience is exceptional, the results are real.

# EXCLUSIVE RITUALS

## **RELAX & DETACH** 2hr & 10mins €210

Spoil yourself from top to bottom relishing in all that Canaves Oia Spa has to offer. The Bali paradise rasul ceremony is the perfect way to begin before any treatment. Combining freshly blended fruit extracts & milk powder that together create a beautiful mask for the entire body while aromatic steam & the starry sky offer a sense of healing and deep relaxation. A full body massage blending oil & cream give the perfect & complete aftercare. An Elemis booster facial is lastly introduced to leave your inner self beaming with radiance & energy.

## **JET LAG RECOVERY** 1hr & 40mins €170

This ultimate recovery spa treatment is everything your body needs to re-energize & enjoy your holiday. We begin with an exhilarating full body exfoliation to stimulate the lymphatic flow, followed by a cooling gel that eases muscle aches and tension. We finish this treatment with an empowering full body massage, leaving you light as a butterfly.

## **FRANGIPANI LOVERS** 1hrs & 45mins €185

An impeccable treatment for those who wish to be seduced by the divine scent of Frangipani flowers that will take you into a dream world of gardens, calming your senses and empowering you with happiness. Your journey begins with a head to toe full body scrub induced with frangipani flowers and coconut monoi that brush away dead skin cells leaving you with a silky smooth complexion. You then continue with a full body ELEMIS deep tissue massage using warm frangipani oil and cooling frangipani cream while your hair is treated with enriched nourishing milk bath for some extra TLC. An ultimate therapy to truly unwind & indulge in pure relaxation.



# FACE & BODY COMBINATIONS

## **ELEMIS COUTURE TOUCH 1hr €115**

Condition your skin and muscles with this all-embracing experience.

Combine any 30-minute ELEMIS hands-on facial with your 30-minute ELEMIS personalised Freestyle Deep Tissue Massage.

## **ELEMIS COUTURE TOUCH 2 hrs €195**

The ultimate skin and body therapy for maximum results. Choose from one of the unique ELEMIS Advanced Anti-Ageing or Skin Solutions Facials and combine it with the powerful effects of the ELEMIS Deep Tissue Muscle Massage.

Two hours of pure relaxation with dramatic results.





# FACIAL TREATMENTS

## **BLACK DIAMOND FACIAL** 75mins €150

This iconic, anti-age facial combines Black Diamonds, encapsulated White Diamonds & Gemstones. Dual Anti-Age Device is then used to infuse Pure Oxygen and anti-age peptides to instantly and visibly illuminate and re-plump, reduce fine lines and wrinkles, bringing youthfulness and luminosity to the skin worthy of the red carpet.

## **ELEMIS SUPERFOOD PRO-RADIANCE** 60mins €130

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven \* to leave skin plumper, radiant and lit up with good health.

\*Independent Clinical Trials.

## **ELEMIS PRO-COLLAGEN AGE DEFY** 60mins €130

Tackle fine lines and wrinkles with the clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

\*Independent Clinical Trials

## **HIGH PERFORMANCE SKIN ENERGISER FOR MEN** 60mins €130

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

## **ELEMIS SENSITIVE SKIN SOOTHER** 60mins €100

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

ELEMIS



# RASUL THERAPIES

## ORIENTAL CLEANSING AND SKINCARE CEREMONY - THE ORIGINAL FROM HASLAUER

Seduce into a dream from “One Thousand and One Nights”. In the Rasul®, an invention by the wellness pioneer Paul Haslauer, not only is skin pampered and perfectly cared for but your mind and soul can also let go. Paul Haslauer has turned a thousands of years old Oriental cleansing and skincare ceremony into a modern system that has become an essential element of many spa businesses: the Rasul®. The Oriental ambience of the Rasul® alone will impress. Ornately painted, handmade ceramics, spectacular colours, towering minarets and a deceptively real looking starry sky entice you into a world from “One Thousand and One Nights”.

## **THE TERRA SIGILLATA RASUL THERAPY** 45mins €100

This treatment offers three freshly prepared mineral muds of the highest value, each as precious as gold. The guests rubs the muds on the skin creating a mask over the entire body during the ceremony while the room fills with gentle steam and enticing scents of fresh herbs. While relaxing, guests feel the special caring properties of each mud. The ceremony ends with a wonderful warm, tropical shower from the starry sky above and an application of nourishing body lotion. This treatment can be enjoyed either alone or with a friend.

## **THE BALI PARADISE RASUL THERAPY** 45mins €100

The Bali Paradise Ceremony ushers guests into a world of divine opulence. It combines freshly blended fruit extracts and a customized blend of oils and herbs in a therapeutic ritual, creating a mask over the entire body. The aromatic infused steam will send guests into a deeply relaxed dream-like state during this unique exotic therapy. The ceremony ends with a wonderful warm, tropical shower from the starry sky above and an application of nourishing body lotion. This treatment can be enjoyed either alone or with a friend.



# MASSAGE JOURNEYS

## **ELEMIS FREESTYLE DEEP TISSUE MASSAGE** 55mins €130 / 85mins €165

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

\*Can be done in room

\*Can be done outside with a view

## **ELEMIS DEEPER THAN DEEP HOT STONE MASSAGE** 60mins €150

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

## **AROMATHERAPY MASSAGE** 55mins €125

Stimulate your senses to boost your body and motivate the mind. Using essential oils from plants, flowers, seeds and leaves, aromatherapy massage benefits from two absorption points – the skin and the nose, which means it has double the effect.

\*Can be done in room

\*Can be done outside with a view

## **JET LAG ENERGIZING MASSAGE** 45mins €75

This energizing massage is specialised to eliminating pain, muscle aches and tension, the ultimate after flight treatment.

\*Can be done in room

\*Can be done outside with a view

## **ELEMIS DEEP TISSUE BACK MASSAGE** 30mins €65

Minimum time, maximum tension-relieving results. Specifically targeting the back, shoulders and neck areas, where you need it most.

## **FOOT /LEG MASSAGE** 30mins €65

A foot & leg massage which cures swelling from overdue periods of standing or excessive sport. Pressure points & rhythmic movements decrease feelings of heaviness whilst ELEMIS instant refreshing gel eases tired joints, stimulates blood circulation allowing you to soon get started again.

## **INDIAN HEAD MASSAGE & MILK BATH RITUAL** 40mins €75

A unique Indian Head Massage Ritual based on the ancient ayurvedic system that is designed to balance the energy levels by targeting specific pressure points on the back, neck, face & scalp. We start with a back massage to eliminate muscle tension & stress of everyday life followed by the perfect synergy of a Scalp Massage in combination with ELEMIS nourishing milk bath as the optimum hair treatment establishing a deeply profound sense of relaxation.

## **ELEMIS PEACEFUL PREGNANCY MASSAGE** 75mins €130

A perfect mother to be massage using ELEMIS Japanese camellia face & body oil to comfort the skin & restore optimum wellness. A truly intuitive and relaxing massage for both the mother & child.

## **ELEMIS PEACEFUL PREGNANCY FACE AND BODY EXPERIENCE** 120 mins €195

A pure luxury combining a facial treatment that gently addresses any visible effects of hormonal changes on the skin, whilst a relaxing massage comforts and brings deep relaxation to the mother & child.

# EXOTIC THERAPY

## **ELEMIS INTENSELY CLEANSING SALT SCRUB - LIME AND GINGER OR FRANGIPANI** 60mins €70

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.



# |HANDS AND FEET THERAPIES

## **ELEMIS GARDEN OF ENGLAND ROSE RESTORE HAND TREATMENT**

30mins €35 - with manicure €55

This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.

## **ELEMIS BEST FOOT FORWARD**

30mins €35 - with pedicure €55

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

## **NAIL SERVICES**

- Manicure Soak off Gel €55
- Pedicure Soak off Gel €55
- Nail Polish €20

# |BEAUTY TREATMENTS

## **EPILATION:**

- Arm wax €30
- Leg full wax €40
- Leg half wax €30
- Bikini wax €30
- Brazilian €40
- Eyebrows €20
- Upper Lip Upper Lip / Chin €20

## **EXTENDERS**

Extend your treatments by adding one of the following mini treatments

- Glycopeel Hands 20mins€50
- Oxygen Device 20mins €50
- ELEMIS Booster Facial 30mins €50







Canaves Oia Spa was designed and is under the management and operation of ExclusivelySpa™ - an international full-service company, handling the entire life cycle of spas and wellness centres, from concept to operation and periodical renovations, ensuring continuity and consistency in terms of standards and services. The partnership with the management of Canaves Oia has inspired a creative concept transforming a 17th century wine cave into a luxury spa without losing its inherent charm. The operational team of ExclusivelySpa welcomes you to the crown jewel of the company's portfolio ensuring an exceptional service to all guests of Canaves Oia Spa.



# CANAVES OIA SPA ETIQUETTE

## GENERAL

- The Spa and its environs are strictly NO SMOKING areas.
- We do not allow mobile phones in the spa areas, please leave them switched off.
- Please conduct all conversations at levels consistent with a relaxing Spa environment.
- The Spa & its facilities are open to persons aged 16 and over.
- Bathrobes can be found in your rooms.
- Please leave all items of value in your hotel room. The Spa is not responsible for loss of or damage to a guest's personal belongings.
- Always shower between using pool facilities and sauna.

A robe & slippers should be worn in all spa areas.

- Swimwear is compulsory in the Sauna and pool areas.
- A towel should always be placed on sauna benches between you and the bench.
- Please do not leave toiletries in showers or wet vanity areas.
- Shaving is permitted in the male changing rooms. However, please ensure that wet vanity areas are left clean. Razors should not be placed in any of the waste bins and shaving is strictly prohibited in the sauna.
- Please do NOT add oils or other products to the sauna bucket water without first speaking to a member of staff.
- Please ensure you drink plenty of fluid to re-hydrate after use of the sauna.

- Please place all used towels in the baskets provided.
- Food & drink should not be brought into spa for consumption during your visit. Refreshments are available in the relaxation areas and at the Hotel Restaurant.
- All guests will be required to complete and sign a health & lifestyle questionnaire upon arrival prior to entrance to the spa facilities.
- All facilities are subject to availability.

## WHEN TAKING A TREATMENT

- Please arrive in good time to enjoy the facilities and ensure that you are ready to be collected by your therapist at the allocated time.

## TIME LOST THROUGH LATE ARRIVAL WILL RESULT IN A SHORTENED OR AMENDED TREATMENT BEING OFFERED WITHOUT REFUND.

- Underwear or suitable swimwear should be worn into the treatment room and during treatments. For some treatments you will be provided with disposable undergarments by your therapist, and suitable towel draping will be used at all times.
- During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Your comfort and care is our greatest concern and priority.
- If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort and enhancement.

## CANCELLATION POLICY

- Please note 24 hours cancellation notice is required for all bookings and services.



*Independently minded*

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