

CANAVES OIA

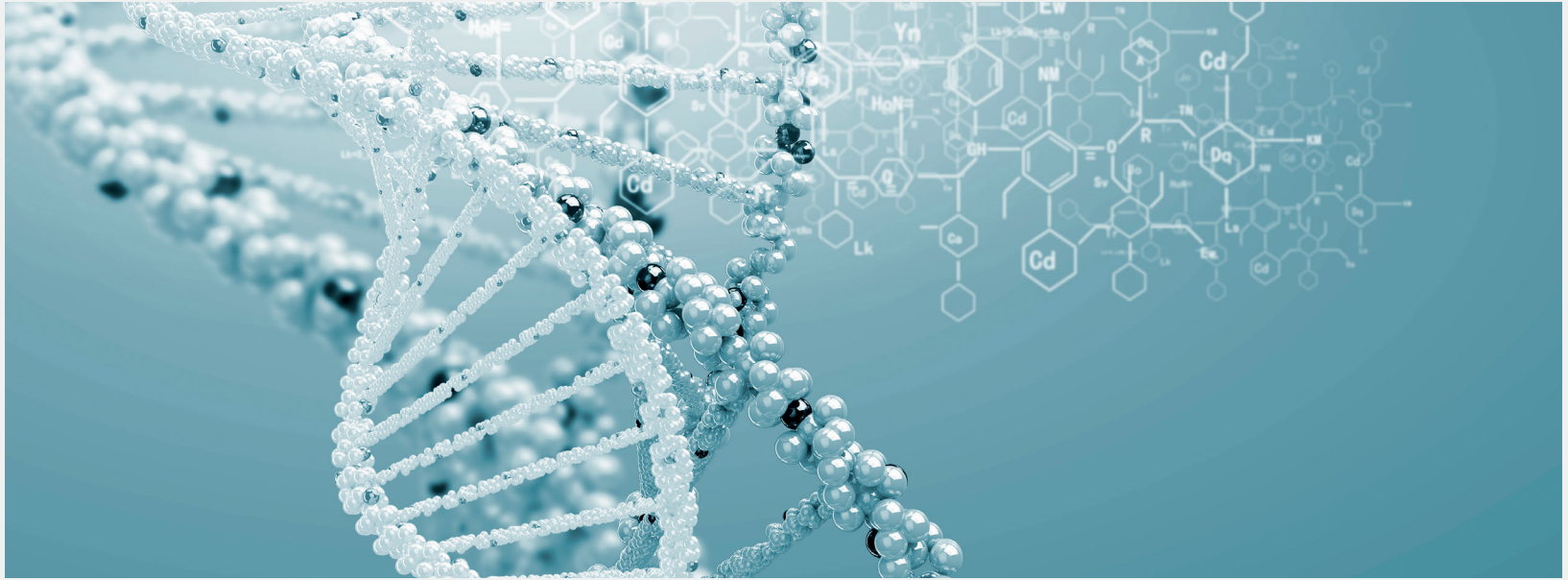
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S P A



# WELCOME

A unique experience at Canaves Oia, Luxury Resorts would not be complete without a relaxing visit at Canaves Oia Spa. The refined atmosphere of Santorini and majestic aura of Aegean is the perfect scenery for an unforgettable spa experience. You can enjoy your Spa treatment with your partner or alone.



# TREATMENT PHILOSOPHY

Swiss perfection meets Santorini excellence: Valmont skin care comes to Canaves Oia Spa in order to offer a unique beauty and well-being experience to its guests! Rejuvenation, skin regeneration, thanks to product performance and original “Butterfly” gestures, with immediately visible results, from the first application, are the benefits of Valmont, the “Magician of Time”. Since 1985, Valmont cosmetics’ mission has been to offer amazingly effective high performance anti-aging treatments. A true anti-aging expert, for more than 30 years Valmont has been perpetuating the unique expertise of Swiss cellular cosmetics – the legacy of the famous Valmont Clinic – with treatments that offer instant and lasting results of unparalleled quality. Switzerland’s pure and protected environment is the cradle of these cosmetics, their exceptional qualities are derived from a subtle alliance between Alpine ingredients and cutting-edge scientific expertise, the famous DNA & RNA molecules wrapped into liposomes. Highly exclusive, the Valmont brand is like no other, displaying uniqueness worthy of its charismatic owners Didier and Sophie Guillon, both driven by a passion for beauty and cosmetics.

# EXCLUSIVE SIGNATURES

## **RELAX & DETACH** 2hrs & 10min €255

Spoil yourself from top to toe relishing in all that Canaves Oia Spa has to offer. The Bali Paradise Rasul ceremony is the perfect way to get started before any treatment. Combining freshly blended fruit extracts & milk powder that together create a beautiful mask for the entire body while aromatic steam & the starry sky offer a sense of healing and deep relaxation. A full body massage using a unique rich oil blend with essences of papaya, lemon & frangipani combined with a touch of cream give the mind and body the perfect & complete aftercare. A Valmont express facial is lastly introduced to leave your inner self beaming with radiance & energy.

## **JET LAG RECOVERY** 1hr & 25min €180

This ultimate recovery treatment is everything your body needs to re-energize and enjoy your holiday. We begin with an exhilarating full body exfoliation to stimulate cell metabolism & promote the breakdown of toxins that is followed by an empowering full body massage combined with a cooling eye mask, leaving you light as a butterfly.

## **FRANGIPANI LOVERS** 1hr & 45min €210

An impeccable treatment for those who wish to be seduced by the divine scent of Frangipani flowers that will take you into a dream world of gardens, calming your senses and empowering you with happiness. Your journey begins with a head to toe full body scrub induced with frangipani flowers and coconut that brush away dead skin cells leaving you with a silky-smooth complexion. You then continue with a full body deep tissue massage using warm frangipani oil and cooling frangipani cream while your hair is treated with enriched nourishing milk for some extra TLC. An ultimate therapy to truly unwind & indulge in pure relaxation.





# FACE & BODY COMBINATIONS

## **ABSOLUTE SPA RITUAL** 2 hrs €300

The ultimate skin and body therapy for outstanding results. Choose from one of the unique Valmont advanced Anti-age facials or Regenerating facials and combine it with the powerful effects of a Deep Tissue Massage. Two hours of pure relaxation with dramatic results!

- Intense hydration ritual
- Brightness of Ice
- With 90min Vitality of the Glaciers 2hrs & 30min €350

## **MAXIMUM INDULGENCE** 1hr 10min €135

Maximize your minutes with this all-embracing experience combining a 35min Valmont's Immediate Beauty Flash Express facial and a 35min Deep Tissue Back Massage.



# EXQUISITE FACE

## **L'ELIXIR DES GLACIERS MAJESTIC** 1hr & 30min €370

This facial represents the ultimate refinement in skin care. It is an intensely nourishing, sculpting and rejuvenating care based on core Valmont ingredients allied to the quintessence of the beehive products. It includes a lifting and anti-wrinkle massage, the Japanese Ko-Bi-Do.

## **VITALITY OF THE GLACIERS /COLLAGEN MASK** 1hr & 30min €220

A Biological Lift and Deep Hydration face treatment, with spectacular results based on Swiss tradition in Cellular Rejuvenation. A patented pure native collagen mask is used along with a specific massage technique for the face, smoothing fine lines, restoring tone, glow and suppleness.

## **BRIGHTNESS OF ICE** 1hr €160

For a skin as clear and pure as ice. Based on the Expert of Light range, this facial works to clarify the complexion and improve the texture of the skin while providing overall anti-aging action.

## **INTENSE HYDRATION RITUAL** 1hr €160

A must for after sun exposure. This corrective hydrating facial combines a lymphatic face massage with most advanced active principles like hyaluronic acid and plants extracts from the Alps. Skin is soothed and calmed and regains radiance.

## **PURITY OF THE ALPS**

**Cleansing Treatment by Valmont** 1hr €130 / 1hr & 30min €180 (With black heads extraction).

This facial is focused on deep skin cleansing with the ultimate freshness and purity of formulas incorporating Glacial Spring Water from Switzerland.





# | EXQUISITE | BODY

## **PURITY OF BISSES - BODY EXFOLIATION** 45 min €75

Indulge in a perfect body exfoliation with respect of mature and dry skins, based on rose oil full of fatty acids, for a maximum hydrating effect. Enjoy the delightful perfume of Fresh Dew Cleanser and Unctuous Lotion at the end of the session.

## **PEAKS OF SLIMNESS - FULL BODY MASSAGE** 1hr €130

One-hour body sculpting massage, with anti-cellulite, anti-orange-peel, draining and firming action thanks to a mix of gentle movements respecting mature skins and specific original palper-rouler motions... The perfect balance between slimming and relaxation, it includes application of "Fit & Tone" duo, the slimming serum D-Solution Booster and firming cream C-Curve Shaper.



# RASUL EXPERIENCES

## **ORIENTAL CLEANSING AND SKINCARE CEREMONY - THE ORIGINAL FROM HASLAUER**

Seduce into a dream from “One Thousand and One Nights”. In the Rasul®, an invention by the wellness pioneer Paul Haslauer, not only is skin pampered and perfectly cared for but your mind and soul can also let go. Paul Haslauer has turned a thousand of years old Oriental cleansing and skincare ceremony into a modern system that has become an essential element of many spa businesses: the Rasul®. The Oriental ambience of the Rasul® alone will impress. Ornately painted, handmade ceramics, spectacular colours, towering minarets and a deceptively real looking starry sky entice you into a world from “One Thousand and One Nights”.







# RASUL EXPERIENCES

## **BALI PARADISE** 45min €60

The Bali Paradise Ceremony usher's guests into a world of divine opulence. It combines freshly blended fruit extracts, oil blends & herbs for a therapeutic ritual, creating a mask for the entire body. The aromatic infused steam will send guests into a deeply relaxed dream-like state during this unique exotic therapy. The ceremony ends with a wonderful warm, tropical shower from the starry sky above and an application of nourishing body lotion. This treatment can be enjoyed either alone or with a partner.

## **THE TERRA SIGILLATA** 45min €60

This treatment offers three freshly prepared mineral muds of the highest value, each as precious as gold. The guests rub the muds on the skin creating a mask over the entire body during the ceremony while the room fills with gentle steam and enticing scents of fresh herbs. While relaxing, guests feel the special caring properties of each mud. The ceremony ends with a wonderful warm, tropical shower from the starry sky above and an application of nourishing body lotion. This treatment can be enjoyed either alone or with a friend. **PASSION**

## **PASSION FOR ELDERFLOWERS** 45min €60

This complete elderflower ritual delivers you into a perfect realm of harmony & balance. Excellent for those who suffer from stress & anxiety. The starry sky and gently scented steam helps your mind and body relax, while you relish in a rich cream peel infused with all this precious flower has to offer. An application of an elderflower body lotion promotes the results and benefits to last longer. This treatment can be enjoyed alone or with a partner.



# MASSAGE JOURNEYS

## **DEEP TISSUE MASSAGE** 30min €65 / 55min €165 / 1hr & 20min €195

Alleviate stress, ease aching muscles and revive the senses with this powerful deep tissue massage that encourages optimum circulation. Dynamic blends of essential oils and the level of pressure are customized to match individual needs.

## **AROMATHERAPY** 55min €160 / 1hr & 20min €190

Stimulate your senses and motivate your mind. Relaxing massage techniques are designed to calm & unwind your senses using essential oils from plants, flowers & seeds. Aromatherapy also helps those who suffer from insomnia and depression.

## **HOTSTONE MASSAGE** 1hr & 15min €180

This head-to-toe thermal treatment using frangipani oil harnesses the touch of warm basalt lava stones and the superb benefits of the heat on the body. Feel yourself float into deep relaxation as the tension in your muscles disappears. An extraordinary experience you will want to repeat.

## **RAW HONEY MASSAGE** 1hr €125

Honey contains vast amounts of vitamins & minerals and acts as a humectant when in contact with the skin. The honey has a gluing quality which provides us to use special techniques related to cupping which stimulates reflex zones, improves circulation and helps the removal of toxins. It is a holistic alternative to a chiropractor for a sore back or other aches & pains.

**LAVA SHELL MASSAGE** 1hr & 15min €180

A LAVA Shells treatment takes you on a journey unlike any other. The radiant heat melts away tight muscles while soothing aromatherapy oils calm the mind and envelop the senses. You may not always find time for that well-deserved vacation, but you can treat your mind and body to one.

**CANDLE MASSAGE MASSAGE** 1hr & 15min €180

Surrender yourself to a magical warm candle massage with an exquisite perfumed ambiance, creating a truly memorable experience. This creamy oil wax deeply nourishes the skin whilst a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, eliminating daily stress and turning it into a sensorial escape.

**MOTHER -TO-BE MASSAGE** 1hr & 15min €150

Nurture your body at this precious time with a specifically designed massage to treat muscle aches, reduce fluids and enhance the mind and body, bringing back balance & wellness. We work gently to melt away fatigue and reveal a new you.

**INDIAN HEAD MASSAGE & GOAT MILK RITUAL** 40min €80

A unique Indian Head Massage Ritual based on ancient Ayurvedic system that is designed to balance the energy levels by targeting specific pressure points on the back, neck, face & scalp. We start with a back massage to eliminate muscle tension & stress of everyday life followed by the perfect synergy of a Scalp massage in a combination with a Goat Milk hair bath as an optimum hair treatment establishing a deeply profound sense of relaxation.

**FOOT/LEG MASSAGE** 30min €65

A foot & leg massage which cures swelling from overdue periods of standing or excessive sport. Pressure points & rhythmic movements decrease feelings of heaviness whilst a refreshing balm eases tired joints, stimulates blood circulation allowing you to soon get started again.

# | HANDS & FEET THERAPIES

- Manicure Soak off Gel €65
- Pedicure Soak off Gel €70
- Spa Manicure €60
- Spa Pedicure €65

# | BEAUTY TREATMENTS

- Arm wax €30
- Full Leg wax €40
- Half Leg wax €30
- Bikini line €30
- Brazilian €40
- Eyebrows €20
- Upper lip/chin €20

## **EXTERNDERS**

Extend your treatments by adding one of the following treatments

- Oxygen Device 20min €35
- Valmont Immediate Beauty Flash Express Facial 40min €75
- A Rasul Ritual 45min €60







Canaves Oia Spa was designed and is under the management and operation of ExclusivelySpa™ - an international full-service company, handling the entire life cycle of spas and wellness centres, from concept to operation and periodical renovations, ensuring continuity and consistency in terms of standards and services. The partnership with the management of Canaves Oia has inspired a creative concept transforming a 17th century wine cave into a luxury spa without losing its inherent charm. The operational team of ExclusivelySpa welcomes you to the crown jewel of the company's portfolio ensuring an exceptional service to all guests of Canaves Oia Spa.



# SPA ETIQUETTE

## GENERAL

- The Spa and its environs are strictly NO SMOKING areas.
- We do not allow mobile phones in the spa areas, please leave them switched off.
- Please conduct all conversations at levels consistent with a relaxing Spa environment.
- The Spa & its facilities are open to persons aged 16 and over.
- We provide our guests with bathrobes, towels & slippers.
- Please leave all items of value in your hotel room. The Spa is not responsible for loss of or damage to a guest's personal belongings.
- Always shower between using pool facilities and sauna. A robe & slippers should be worn in all spa areas.
- Swimwear is compulsory in the Sauna and pool areas.
- A towel should always be placed on sauna benches between you and the bench.
- Please do not leave toiletries in showers.
- Shaving is NOT permitted in the changing rooms.
- Please do NOT add oils or other products to the sauna bucket water without first speaking to a member of staff.
- Please ensure you drink plenty of fluid to re-hydrate after use of the sauna.
- Please place all used towels in the baskets provided.

- Food & drink should not be brought into spa for consumption during your visit. Refreshments are available at the spa waiting area and at the Hotel Restaurant.
- All guests will be required to complete and sign a health & lifestyle questionnaire upon arrival prior to the use of facilities & treatments booked.
- All facilities are subject to availability.

### **WHEN TAKING A TREATMENT**

- Please arrive in good time to enjoy the facilities and 15min prior to a treatment booking to ensure that you are ready to be collected by your therapist at the allocated time. **TIME LOST THROUGH LATE ARRIVAL WILL RESULT IN A SHORTENED OR AMENDED TREATMENT BEING OFFERED WITHOUT REFUND.**
- Underwear or suitable swimwear should be worn into the treatment room and during treatments. For some treatments you will be provided with disposable undergarments by your therapist, and suitable towel draping will be used at all times.
- During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Your comfort and care is our greatest concern and priority.
- If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort and enhancement.

### **CANCELLATION POLICY**

- Please note a 6hr cancellation notice is required for all bookings and services.

### **SPA OPENING HOURS**

Spa opens from 10:00 – 19:00

Direct line from your suite is 255 & 256





*Independently minded*

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