

SPA MENU



CANAVES
OIA SUITES

OUR PHILOSOPHY



Canaves Oia Suites Spa, set in a space of iconic beauty whereas the refined atmosphere of Santorini and the majestic aura of the Aegean meet, provides a holistic approach to well-being. Here you will find an unrivaled choice of spa therapies, beauty treatments, yoga and fitness classes to promote optimal health and wellbeing performed by our team of spa professionals and personal trainers. Designed inside a natural cave, our spa features 2 treatment rooms, a nail studio, a Rasul steam bath, a sauna and an amazing external couple's treatment room with a unique view of the Caldera. Our team of spa professionals and the delicately selected practices from around the world are harmonized to offer our guests an unforgettable spa experience. Canaves Oia Suites presents to you the perfect environment to immerse yourself in complete relaxation with yoga and meditation techniques for optimum health. The Fitness center offers a complete selection of equipment, ensuring a one-of-a-kind workout experience with our personal trainer and yoga instructor, for an impeccable well-being, fitness and rehabilitation offering.

MADE FOR TWO

2hrs 50min
€800 per couple

ULTIMATE COUPLE'S AWAKENING

A couple's ritual that will deliver both of you into a perfect realm of harmony & balance. The romantic starry sky with the scented steam of the Rasul steam bath will leave you wonder while you relish in a rich body mask infused with precious ingredients. Your muscles and tension will melt away while you enjoy an 80' sports massage in our couple's room. A hydrating facial by Valmont will follow that will leave the skin invigorated and refreshed. This ritual will reawaken the ageless beauty that belongs to all of us.

1hr 40min
€450 per couple

GETAWAY IN THE CAVE

Enjoy a romantic getaway at the caves of Canaves Oia Spa with your beloved partner. Apply to your significant other our signature masks and hide together inside the Rasul steam bath, infused with aromatic scents, where romance has no end. To finish off this spectacular journey in our couple's suite, you continue with any of our 55' full-body massages. Massage Choices: Armonia, Sparta, Oriental, Energizer.

75min
€480 per couple

SPA WITH A VIEW

Live the ultimate relaxing experience Santorini has to offer by experiencing, with your beloved partner, 75 minutes of a full-body massage with an awakening head & sculp massage while enjoying the spectacular Caldera View.

EXCLUSIVE SIGNATURES

2hrs 15min
€410

ABSOLUTE SPA RITUAL

The ultimate skin and body therapy for outstanding results. Enjoy a unique Valmont advanced anti-age facial incorporated with a highly concentrated face massage booster and a firming Collagen mask and combine it with the powerful effects of 'Armonia', our personalized full-body Massage depending on your needs. Experience pure relaxation with dramatic results!

1hr 15min
€250

JET LAG RECOVERY

This ultimate recovery treatment is everything your body needs to re-energize and enjoy your holiday. We begin with an exhilarating skin brushing to stimulate cell metabolism & promote the breakdown of toxins that is followed by an empowering full-body massage. We finish off with an awakening Eye Collagen mask by Valmont and a head massage that will completely recharge you.

2hr 10min
€310

RELAX & DETACH

Spoil yourself from top to toe relishing in all that Canaves Oia Spa has to offer. The Rasul steam bath ceremony, combining a deeply hydrating yet cleansing body mask enriched with aromatic blends while aromatic steam offers a sense of healing and deep relaxation, is the perfect way to get started before any treatment. A full body tailored massage according to your needs using a unique rich oil blend specifically picked for you, gives the mind and body the perfect and complete aftercare. We finish off with the Valmont express facial which delivers instant radiance and deep hydration in just minutes.

EXQUISITE FACE RITUALS

50min
€160
1hr 15min
€270

INTENSE HYDRATION OF THE BISSES

A must for after-sun exposure. This corrective hydrating facial combines a slow lymphatic draining face massage with the most advanced active principles like hyaluronic acid and plants extracts from the Alps. Skin is soothed and calmed and regains radiance.

50min
€160
1hr 15min
€270

ENERGY OF THE GLACIERS

A deep regenerating face treatment, with spectacular results based on Swiss tradition in cellular rejuvenation. A specific oxygenation massage technique for the face, smooths up fine lines, restoring tone, glow and suppleness.

60min
€200

GENTLEMAN'S AWAKENING

A combination from all rituals of Valmont with products and massage techniques to target and decongest the eye area. This treatment is customized per beard style. Lives the skin with full of vitality without sings of fatigue. The Skin is smoother and plumped.

*The 1 hr 15 min option includes the famous firming Collagen Mask that uses the latest medical data to imbue the skin with reparative, dermo-tensor collagen. An icon of Valmontexpertise that instantly revitalizes, smooths and transforms the face.

EXQUISITE FACE RITUALS

50min
€160
1hr 15min
€270

FIRMNESS OF THE HILLS

This protocol improves the firmness of the skin to reveal a younger-looking face with better defined volumes. The combination of products and motion give incredible results! Younger skin structure after a single treatment: +10.2%, 30 minutes after conclusion of the treatment. The skin appears denser more elastic and feels firmer. The contour of the face is better defined. The volumes are remodeled.

1hr 30min
€380

L'ELIXIR DES GLACIERS MAJESTIC

This facial represents the ultimate refinement in skin care. It is an intensely nourishing, resculpting and rejuvenating care based on core Valmont expertise allied to the quintessence of Elixir products, Valmont's premium series. Besides the Elixir face mask and the Prime Renewing Pack mask (Valmont's best seller), it includes the famous firming Collagen mask as well as a lifting and anti-wrinkle massage, the Japanese Ko-Bi-Do.

FACE RITUAL EXTENDERS

BRIGHTER EYES COLLAGEN MASK 15min | €70

INDIAN HEAD MASSAGE 20min | €70

LIGHTER LEGS MASSAGE 20min | €70

RASUL RITUAL 45min | €60

*The 1 hr 15 min option includes the famous firming Collagen Mask that uses the latest medical data to imbue the skin with reparative, dermo-tensor collagen. An icon of Valmont expertise that instantly revitalizes, smooths and transforms the face.

EXQUISITE BODY RITUALS

1hr 30min
€190

PEAKS OF SLIMNESS

Indulge in a perfect body exfoliation with respect to mature and dry skins, based on rose oil full of fatty acids, for a maximum hydrating effect. Continue with one-hour body sculpting massage, with anti-cellulite, anti-orange-peel, draining and firming action thanks to a mix of gentle movements respecting mature skins and specific original palper-rouler motions. The perfect balance between slimming and relaxation, it includes application of "Fit & Tone" duo, the slimming serum D-Solution Booster and firming cream C-Curve Shaper. The perfect detox treatment to realign your body!

1hr10min
€170

AFTER-SUN ESSENTIAL

Recover from high sun exposure or prepare your body for a perfect tan with this full body gentle exfoliation combined with a restorative body wrap and an 'express hydration' facial by Valmont while your body gets rehydrated.

30min
€80

REFINING FULL BODY EXFOLIATION

Choose between Cinq Mondes' Energizing Aromatic Scrub with Spices, Sublime Scrub with Tiaré and Monoï, hydrating Purée de Papaya, or deep cleansing Black Soap Beldi, the scrub that better fits your mood to get rid of dead cells for a silky-touch skin. Ideal to enjoy it alone or to complete any Massage Ritual.

RASUL RITUALS

45min
€60/person
€100/couple

ORIENTAL CLEANSING AND SKINCARE CEREMONY

Seduce into a dream from "One Thousand and One Nights". In the Rasul®, an invention by the wellness pioneer Paul Haslauer, not only is skin pampered and perfectly cared for but your mind and soul can also let go. Paul Haslauer has turned a thousand of years old Oriental cleansing and skincare ceremony into a modern system that has become an essential element of many spas: the Rasul®. The Oriental ambience of the Rasul® alone will impress. Ornately painted, handmade ceramics, spectacular colors, towering minarets and a deceptively real looking starry sky entice you into a world from "One Thousand and One Nights".

The Rasul steam bath ritual delivers you into a perfect realm of harmony & balance. Excellent for those who suffer from stress & anxiety. The starry sky and gently scented steam help your mind and body relax, while you relish in a rich body mask infused with aromatic oils. A perfect way to prepare your mind, body and soul before any Face or Massage Ritual, this treatment can be enjoyed alone or with a partner.

MASSAGE RITUALS

55min
€190
1hr 20min
€220

ARMONIA

Let go of tension, stimulate your senses and motivate your mind. This tailor-made massage will align your body and mind using nourishing oils based on your needs. The pressure is adapted by incorporating blend of different techniques based on what your muscles are craving. Let the therapist bring harmony and align you to the present.

55min
€190
80min
€220

ORIENTAL MASSAGE RITUAL

A genuine art of living massage that works on the entire body using delicately perfumed hot Argan oil. The expert hands of the massage therapist work on tender knots and tensions to eliminate toxins and muscle pains while promoting a state of pure wellness.

55min
€190
1hr 20min
€220

ENERGIZER

Immerse into a world of tranquility performed with the synergy of a traditional Tropical Nuts Melting balm and according to an ancestral ritual massage from Bali. This escape by Cinq Mondes includes gentle Thai pulling and stretching movements and a pleasant surprising head massage in a towel.

55min
€190
80min
€220

SPARTA RITUAL

This massage ritual by Cinq Mondes revives an old-age European tradition of athletic massage according to Hippocrates writings, for preparation of athletes to the Olympic games. This sports massage relaxes and relieves tension, promotes muscle recovery, while the beautiful head and nape massage is the supreme remedy against all worries.

1hr 15min
€210

LAVA SHELL MASSAGE

A ritual that takes you on a journey unlike any other. The radiant heat that transmits from the hot natural seashells to your body melts away tight muscles while soothing aromatherapy oils calm the mind and envelop the senses.

MASSAGE RITUALS

1hr 15min
€210

CANDLE MASSAGE

Surrender yourself to a magical warm candle massage with an exquisite perfumed ambiance, creating a truly memorable experience. This creamy oil wax deeply nourishes the skin whilst a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, eliminating daily stress and turning it into a sensorial escape.

55min
€190

MOTHER TO BE MASSAGE

Nurture your body at this precious time with a specifically designed massage to treat muscle aches, reduce fluids and enhance the mind and body, bringing back balance & wellness. We work gently to melt away fatigue and reveal a new you.

BODY PREPARATION

REFINING FULL BODY EXFOLIATION 30min | €80

RASUL RITUAL 45min | €60

MASSAGE RITUALS' EXTENDERS

INDIAN HEAD MASSAGE 20min | €70

LIGHTER LEGS MASSAGE 20min | €70

EXTEND MASSAGE 15min | €50

EXPRESS RADIANCE BEAUTY RITUAL FACIAL 30min | €85

BEAUTY SERVICES

HANDS & FEET

Spa Manicure | €75

Spa Pedicure | €85

Nail Polish | €30

Shellac Removal | €15

*Choose between soak off gel or normal nail polish

WAX

Eyebrows / Lip / Chin | €20

Underarm | €20

Arm wax | €35

Half Leg wax | €30

Full Leg wax | €50

Bikini line | €30

SPA PACKAGES

3hrs
€350

SELF CARE RETREAT

Treat yourself with a day full of wellness. Start the day with Yoga and Meditation or a personalized Fitness session. Finish off and rejuvenate with a spa visit and enjoy the restoring benefits of the Rasul steam bath ritual followed by the 80' Energizer massage, an escape by Cinq Mondes that includes gentle Thai pulling and stretching movements and pleasant surprising head massage in a towel.

2hrs 30min
€250

DETOX RETREAT

Feel renewed and energized through a combination of yoga practice and cardio workout followed by a visit at Canaves Spa. There, you will enjoy the Peaks of Slimness body treatment, which combines a body exfoliation, based on rose oil full of fatty acids with one-hour body sculpting massage, with anti-cellulite, anti-orange-peel, draining and firming action. The perfect balance between slimming and relaxation. A healthy detoxifying juice will be offered to you at the end of your experience to maximize the results.

OUR PARTNERS

VALMONT

Rejuvenation, skin regeneration and immediately visible results, from the first application, are the benefits of Valmont, the "Magician of Time". Since 1985, Valmont cosmetics' mission has been to offer amazingly effective high performance anti-aging treatments and products. A true anti-aging expert, for more than 30 years, Valmont has been perpetuating the unique expertise of Swiss cellular cosmetics - the legacy of the famous Valmont clinic - with treatments that offer instant and lasting results of unparalleled quality. Switzerland's pure and protected environment is the cradle of these cosmetics, their exceptional qualities are derived from a subtle alliance between Alpine ingredients and cuttingedge scientific expertise. Highly exclusive, Valmont brand is like no other, displaying uniqueness worthy of its charismatic owners Didier and Sophie Guilan, both driven by a passion for beauty and cosmetics.

CINQ MONDES

Through its treatments and products, Cinq Mondes offers deep regeneration of body and mind to recreate a state of perfect balance. Fascinated by traditional medicines and cosmetics, Nathalie and Jean-Louis Poiroux, journeyed around the world in search of the best wellness and beauty rituals of the world's 5 major regions with exceptional time-honored beauty traditions: India, China, Japan, Siam (Bali, Laos, Cambodia) and Morocco. All have ancient rituals that are still practiced today based on treatments and products from living knowledge transmitted and taught in cultures today.

KOS PARIS

The KOS PARIS brand was born out of a passion for rare plants, cultivated with respect, which have proven their effectiveness and the desire to develop a line of top-of-the-range natural cosmetics that combine the power of active ingredients from the plant world, rich textures and respect for the environment. Coming from the field of raw natural materials, founder, Sophie Allouche, has surrounded herself with highly skilled perfume chemists and chemical engineers as well as an ethnobotanist to develop and design products for the highest quality body and facial treatments, which incorporate artisanal knowledge along with respect for the environment and the human body.



SPA POLICIES & ETIQUETTE

- The Spa and its environs are strictly NO SMOKING areas.
- Phones are not allowed inside the spa. Please keep them in silent mode or switched off.
- Please conduct all conversations at levels consistent with a relaxing spa environment.
- Spa facilities & treatments are available to guests aged 16 and over.
- Please leave all items of value in your hotel room. The spa is not responsible for any loss of or any damage to a guest's personal belongings.
- Food & drink should not be brought into spa for consumption during your visit.
- All guests are required to complete and sign a Health & Lifestyle questionnaire upon arrival and prior the use of facilities & treatments.
- All facilities are subject to availability.

WHEN TAKING A TREATMENT:

- Please arrive at least 15min prior to a treatment booking to ensure that you are ready to be collected by your therapist at the allocated time. Time lost due to late arrival will result in a shortened or amended treatment being offered without refund.
- We provide our guests with bathrobes, towels & slippers. Underwear or suitable swimwear should be worn into the treatment room and during treatments. For some treatments you will be provided with disposable undergarments by your therapist, and suitable towel draping will be used at all times.
- During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Your comfort and care are our greatest concern and priority. If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort and enhancement.

CANCELLATION POLICY

Please note a 6hr cancellation notice is required for all bookings and services.

SPA OPENING HOURS

Spa operates Monday- Sunday from 09:00 - 19:00



LET'S GET IN TOUCH

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