

SPA MENU



CANAVES
OIA SUITES

OUR PHILOSOPHY

Canaves Oia Suites Spa, set in a space of iconic beauty where the refined atmosphere of Santorini and the majestic aura of the Aegean meet, provides a holistic approach to well-being. Here you will find an unrivaled choice of spa therapies, beauty treatments, yoga and fitness classes to promote optimal health and wellbeing performed by our team of spa professionals and personal trainers. Designed inside a natural cave, our spa features 2 treatment rooms, a nail studio, a Rasul steam bath, a sauna and an amazing external couple's treatment room with a unique view of the Caldera. Our team of spa professionals and the delicately selected practices from around the world are harmonized to offer our guests an unforgettable spa experience. Canaves Oia Suites presents to you the perfect environment to immerse yourself in complete relaxation with yoga and meditation techniques for optimum health. The Fitness center offers a complete selection of equipment, ensuring a one-of-a-kind workout experience with our personal trainer and yoga instructor, for an impeccable well-being, fitness and rehabilitation offering.

MADE FOR TWO

2hrs 50min
€800 per couple

ULTIMATE COUPLES AWAKENING

A couple's ritual that will deliver both of you into a perfect realm of harmony & balance. The romantic starry sky with the scented steam of the Rasul steam bath will leave you wonder while you relish in a rich body mask infused with precious ingredients. Your muscles and tension will melt away while you enjoy an 80' relaxing massage in our couple's room. A hydrating facial by Valmont will follow that will leave the skin invigorated and refreshed. This ritual will reawaken the ageless beauty that belongs to all of us.

1hr 40min
€450 per couple

GETAWAY IN THE CAVE

Enjoy a romantic getaway at the caves of Canaves Oia Spa with your beloved partner. Indulge in our signature masks and hide together inside the Rasul steam bath, infused with aromatic scents, where romance has no end. To finish off this spectacular journey in our couple's suite, you continue with any of our 55' full-body massage. Massage choice: Armonia, Sparta, Oriental.

75min
€480 per couple

SPA WITH A VIEW

Live the ultimate relaxing experience Santorini has to offer by experiencing, with your beloved partner, 75 minutes of a full-body massage with an awakening head & scalp massage while enjoying the spectacular Caldera View.

EXCLUSIVE SIGNATURE

75min
€250 per person

JET LAG RECOVERY

This ultimate recovery treatment is everything your body needs to re-energize and enjoy your holiday. We begin with an exhilarating skin brushing to stimulate cell metabolism & promote the breakdown of toxins that is followed by a tailor-made full body massage. We finish off with an awakening Eye Collagen mask by Valmont and a head massage that will completely recharge you.

EXQUISITE FACE RITUALS

SWISS
PERFECTION

75min
€390 per person

REJUVENATION TREATMENT

Inspired by medical anti-aging techniques, this unique treatment targets wrinkles, loss of hydration and irregular skin texture. It leaves the skin smooth and rejuvenated. The wrinkles are visibly diminished in number and in size. Fortifies with pure collagen, and our signature boosters, the skin will appear instantly firmer, toned, brighter and healthier.

- Diminishes wrinkles by filling them from within
- Re-plumps the skin
- Improves skin firmness and texture

60min
€190 per person

BLOOMING GLOW

Sur-Mesure treatment which erases signs of fatigue and restores to the skin's vitality for an immediate radiance boost.

- Unique glow and unified complexion
- Deeply moisturizes the skin
- Boosts cell renewal and reduces the degradation of skin cell DNA

VALMONT

50/75min
€190/€280
per person

HYDRATION OF THE BISSES

A must for after-sun exposure. This corrective hydrating facial combines a slow lymphatic draining face massage with the most advanced active principles like hyaluronic acid and plant extracts from the Alps. Skin is soothed and calmed and regains radiance.

60min
€200 per person

GENTLEMAN'S AWAKENING

A combination from all rituals of Valmont with products and massage techniques to target and decongest the eye area. This treatment is customized per beard style. Leaves the skin full of vitality without signs of fatigue. The skin is smoother and plumped.

90min
€440 per person

L' ELIXIR DES GLACIERS

This facial represents the ultimate refinement in skin care. It is an intensely nourishing, resculpting and rejuvenating care based on core Valmont expertise allied to the quintessence of Elixir products, Valmont's premium series. Besides the Elixir face mask and the Prime Renewing Pack mask (Valmont's best seller), it includes the famous firming Collagen mask as well as a lifting and anti-wrinkle massage, the Japanese Ko-Bi-Do.

*The 1 hr 15 min option includes the famous firming Collagen Mask that uses the latest medical data to imbue the skin with reparative, dermo-tensor collagen.

FACE RITUALS ADD ONS

BRIGHTER EYES

15min
€70

INDIAN HEAD MASSAGE

20min
€70

LIGHT LEGS MASSAGE

20min
€70

RASUL RITUAL

45min
€60

EXQUISITE BODY RITUALS

1hr 30min
€190

PEAKS OF SLIMNESS

Indulge in a perfect body exfoliation with respect to mature and dry skin, based on rose oil full of fatty acids, for a maximum hydrating effect. Continue with one-hour body sculpting massage, with anti-cellulite, anti-orange-peel, draining and firming action thanks to a mix of gentle movements respecting mature skins and specific original palper-rouler motions. The perfect balance between slimming and relaxation, it includes application of "Fit & Tone" duo, the slimming serum D-Solution Booster and firming cream C-Curve Shaper. The perfect detox treatment to realign your body!

70min
€170

AFTER-SUN ESSENTIAL

Recover from high sun exposure or prepare your body for a perfect tan with this full body gentle exfoliation combined with a restorative body wrap and an 'express hydration' facial while your body gets rehydrated.

30min
€80

REFINING BODY EXFOLIATION

Choose between Cinq Mondes' Energizing Aromatic Scrub with Spices, Sublime Scrub with Tiaré and Monoï, hydrating Purée de Papaya, the scrub that better fits your mood to get rid of dead cells for a silky-touch skin. Ideal to enjoy it alone or to complete any Massage Ritual.

RASUL RITUALS

45min
€60/person
€100/couple

ORIENTAL CLEANSING AND SKINCARE CEREMONY

Rooted in centuries of Oriental cleansing tradition, the Rasul® ritual is an immersive escape for body and mind. Designed by wellness pioneer Paul Haslauer, the experience unfolds within a beautifully handcrafted steam chamber, ornate ceramics, a starlit ceiling, softly scented warmth. A rich aromatic body mask melts away tension as the steam envelops the senses, guiding you into a state of complete stillness. Ideal as a standalone ritual or as a preparation for any facial or massage treatment. Available for one or two.

MASSAGE RITUALS

55/80min
€190/€220

ARMONIA

Let go of tension, stimulate your senses and motivate your mind. This tailor-made massage will align your body and mind using nourishing oils based on your needs. The pressure is adapted by incorporating a blend of different techniques based on what your muscles are craving. Let the therapist bring harmony and align you to the present.

55/80min
€190/€220

ORIENTAL MASSAGE RITUAL

A genuine art of living massage that works on the entire body using delicately perfumed hot Argan oil. The expert hands of the massage therapist work on tender knots and tensions to eliminate toxins and muscle pains while promoting a state of pure wellness.

55/1h 20min
€190/€220

SPARTA RITUAL

This massage ritual by Cinq Mondes revives an old-age European tradition of athletic massage according to Hippocrates writings, for preparation of athletes to the Olympic games. This sports massage relaxes and relieves tension, promotes muscle recovery, while the beautiful head and nape massage is the supreme remedy against all worries.

1h 15min
€210

LAVA SHELL MASSAGE

A ritual that takes you on a journey unlike any other. The radiant heat that transmits from the hot natural seashells to your body melts away tight muscles while soothing aromatherapy oils calm the mind and envelop the senses.

1h 15min
€210

CANDLE MASSAGE

Surrender yourself to a magical warm candle massage with an exquisite perfumed ambiance, creating a truly memorable experience. This creamy oil wax deeply nourishes the skin whilst a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, eliminating daily stress and turning it into a sensorial escape.

55min
€190

MOTHER TO BE

Nurture your body at this precious time with a specifically designed massage to treat muscle aches, reduce fluids and enhance the mind and body, bringing back balance & wellness. We work gently to melt away fatigue and reveal a new you.

EXTENDERS

INDIAN HEAD MASSAGE

20min
€70

LIGHT LEGS MASSAGE

20min
€70

SWISS EYE LISSANT & GLOW

30min
€80

EXTEND MASSAGE

15min
€50

EXPRESS FACIAL

30min
€85

COLLAGEN MASK

30min
€135

BODY PREPARATION REFINING FULL BODY EXFOLIATION

30min
€80

SPA PACKAGES

3hrs
€350

SELF CARE

Treat yourself with a day full of wellness. Start the day with a personalized fitness session. Finish off and rejuvenate with a spa visit and enjoy the restoring benefits of the Rasul steam bath ritual followed by the 80' Sparta massage.

2hrs 30min
€250

DETOX RETREAT

Feel renewed and energized through a yoga session followed by a visit at Canaves Spa. There, you will enjoy the Peaks of Slimness body treatment, which combines a body exfoliation, based on rose oil full of fatty acids with one-hour body sculpting massage, with anti-cellulite, anti-orange-peel, draining and firming action. The perfect balance between slimming and relaxation. A healthy detoxifying juice will be offered to you at the end of your experience to maximize the results.

BEAUTY SERVICES

HANDS & FEET

40min
€70

HAND CARE FOR MEN

Hands are soaked and exfoliated to soften and cleanse. Cuticles are trimmed, nails are shaped and buffed. This treatment finishes with a relaxing hand massage.

40min
€80

FOOTCARE FOR MEN

This treatment begins with a foot bath followed by a classic pedicure finished with buffed nails. A soothing leg and foot massage are included.

60min
€90

SPA MANICURE

This simple classic manicure, cuticles are trimmed, nails are shaped and buffed. This treatment finishes with a relaxing hand massage. Your choice of polish is then applied.

60min
€100

SPA PEDICURE

Cuticles are trimmed, nails are shaped and buffed. This treatment finishes with a relaxing foot massage. Your choice of polish is then applied.

20min
€50

RE-POLISH

Quick fix shape and colour.

WAX

Face wax - 35€

Eyebrow wax - 30€

Underarm - €30

Arm wax - €55

Half Leg wax - €55

Full Leg wax - €85

Bikini line - €35

OUR PARTNERS

VALMONT

Rejuvenation, skin regeneration and immediately visible results, from the first application, are the benefits of Valmont, the "Magician of Time". Since 1985, Valmont cosmetics' mission has been to offer amazingly effective high performance anti-aging treatments and products. A true anti-aging expert, for more than 30 years, Valmont has been perpetuating the unique expertise of Swiss cellular cosmetics - the legacy of the famous Valmont clinic - with treatments that offer instant and lasting results of unparalleled quality. Switzerland's pure and protected environment is the cradle of these cosmetics, their exceptional qualities are derived from a subtle alliance between Alpine ingredients and cuttingedge scientific expertise. Highly exclusive, Valmont brand is like no other, displaying uniqueness worthy of its charismatic owners Didier and Sophie Guilan, both driven by a passion for beauty and cosmetics.

CINQ MONDES

Through its treatments and products, Cinq Mondes offers deep regeneration of body and mind to recreate a state of perfect balance. Fascinated by traditional medicines and cosmetics, Nathalie and Jean-Louis Poiroux, journeyed around the world in search of the best wellness and beauty rituals of the world's 5 major regions with exceptional time-honored beauty traditions: India, China, Japan, Siam (Bali, Laos, Cambodia) and Morocco. All have ancient rituals that are still practiced today based on treatments and products from living knowledge transmitted and taught in cultures today.

KOS PARIS

The KOS PARIS brand was born out of a passion for rare plants, cultivated with respect, which have proven their effectiveness and the desire to develop a line of top-of-the-range natural cosmetics that combine the power of active ingredients from the plant world, rich textures and respect for the environment. Coming from the field of raw natural materials, founder, Sophie Allouche, has surrounded herself with highly skilled perfume chemists and chemical engineers as well as an ethnobotanist to develop and design products for the highest quality body and facial treatments, which incorporate artisanal knowledge along with respect for the environment and the human body.

SPA POLICIES & ETIQUETTE

- The Spa and its environs are strictly NO SMOKING areas.
- Phones are not allowed inside the spa. Please keep them in silent mode or switched off.
- Please conduct all conversations at levels consistent with a relaxing spa environment.
- Spa facilities & treatments are available to guests aged 16 and over.
- Please leave all items of value in your hotel room. The spa is not responsible for any loss of or any damage to a guest's personal belongings.
- Food & drink should not be brought into spa for consumption during your visit.
- All guests are required to complete and sign a Health & Lifestyle questionnaire upon arrival and prior to the use of facilities & treatments.
- All facilities are subject to availability.

WHEN TAKING A TREATMENT:

- Please arrive at least 15min prior to a treatment booking to ensure that you are ready to be collected by your therapist at the allocated time. Time lost due to late arrival will result in a shortened or amended treatment being offered without refund.
- We provide our guests with bathrobes, towels & slippers. Underwear or suitable swimwear should be worn into the treatment room and during treatments. For some treatments you will be provided with disposable undergarments by your therapist, and suitable towel draping will be used at all times.
- During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Your comfort and care are our greatest concern and priority. If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort and enhancement.

CANCELLATION POLICY

Please note a 6hr cancellation notice is required for all bookings and services.

SPA OPENING HOURS

Spa operates Monday - Sunday from 09:00 - 19:00

LET'S GET IN TOUCH

Canaves Collection
Santorini 84702, Greece
T: +30 22860 71844
spa@canaves.com

[W. canaves.com](http://W.canaves.com)