

# SPA MENU

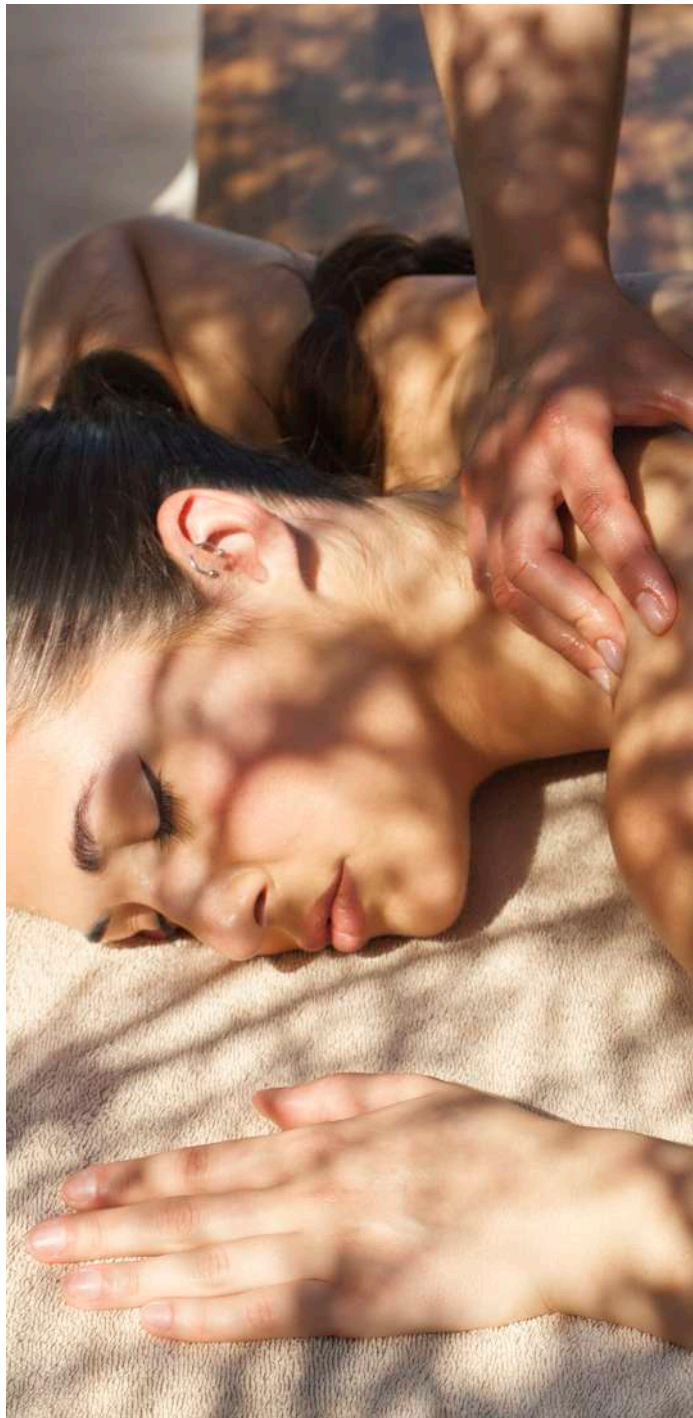


CANAVES  
EPITOME



# OUR PHILOSOPHY

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Epitome Spa, welcoming a new kind of luxury and set in a space of iconic beauty whereas the refined atmosphere of Santorini and the majestic aura of the Aegean meet, provides a holistic approach to wellbeing. Here you will find an unrivaled choice of spa therapies, beauty treatments, yoga and fitness classes to promote optimal health and wellbeing performed by our team of spa professionals and personal trainers. The traditional Cycladic architecture, combining natural and earthy materials with modern design and style, creates a sense of pure relaxation whilst it helps our guests feel grounded and rebalanced. Our team of spa professionals and the delicately selected practices from around the world are harmonized to offer our guests an unforgettable spa experience. Canaves Oia Epitome presents to you the perfect environment to immerse yourself in complete relaxation with yoga and meditation techniques for optimum health. The Fitness center offers an innovative selection of fitness equipment as well as indoor and outdoor facilities filled with sunlight, ensuring a one-of-a-kind workout experience with our personal trainer and yoga instructor, for an impeccable wellbeing, fitness and rehabilitation offering.

Experience life's finest things with a relaxing visit at Epitome Spa.

# MASSAGE RITUALS

55/80min  
€190/€220

## ARMONIA

Let go of tension, stimulate your senses and motivate your mind. This tailor-made massage will align your body and mind using nourishing oils based on your needs. The pressure is adapted by incorporating a blend of different techniques based on what your muscles are craving. Let the therapist bring harmony and align you to the present.

55/80min  
€190/€220

## ORIENTAL MASSAGE RITUAL

A genuine art of living massage that works on the entire body using delicately perfumed hot Argan oil. The expert hands of the massage therapist work on tender knots and tensions to eliminate toxins and muscle pains while promoting a state of pure wellness.

55/80min  
€190/€220

## SPARTA RITUAL

This massage ritual by Cinq Mondes revives an old-age European tradition of athletic massage according to Hippocrates writings, for preparation of athletes to the Olympic games. This sports massage relaxes and relieves tension, promotes muscle recovery, while the beautiful head and nape massage is the supreme remedy against all worries.

75min  
€210

## LAVA SHELL MASSAGE

A ritual that takes you on a journey unlike any other. The radiant heat that transmits from the hot natural seashells to your body melts away tight muscles while soothing aromatherapy oils calm the mind and envelop the senses.

75min  
€210

### CANDLE MASSAGE

Surrender yourself to a magical warm candle massage with an exquisite perfumed ambiance, creating a truly memorable experience. This creamy oil wax deeply nourishes the skin whilst a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, eliminating daily stress and turning it into a sensorial escape.

55min  
€190

### MOTHER TO BE

Nurture your body at this precious time with a specifically designed massage to treat muscle aches, reduce fluids and enhance the mind and body, bringing back balance & wellness. We work gently to melt away fatigue and reveal a new you.

# BEAUTY SERVICES

## HANDS & FEET

40min  
€70

### HAND CARE FOR MEN

Hands are soaked and exfoliated to soften and cleanse. Cuticles are trimmed, nails are shaped and buffed. This treatment finishes with a relaxing hand massage.

40min  
€80

### FOOTCARE FOR MEN

This treatment begins with a foot bath followed by a classic pedicure finished with buffed nails. A soothing leg and foot massage are included.

60min  
€90

### SPA MANICURE

This simple classic manicure, cuticles are trimmed, nails are shaped and buffed. This treatment finishes with a relaxing hand massage. Your choice of polish is then applied.

60min  
€100

### SPA PEDICURE

Cuticles are trimmed, nails are shaped and buffed. This treatment finishes with a relaxing foot massage. Your choice of polish is then applied.

20min  
€50

### RE-POLISH

Quick fix shape and colour.



LET'S GET IN TOUCH

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